

## Getting Ready for the 2016 Curling Season

Curling, like every sport, requires the proper equipment to ensure comfort, safety and success!



### Check list

#### Equipment

- Broom - broom head - clean, lint free
- Foot ware -curling shoes or clean sneakers or clean rubber-soled shoes.
- Foot ware -gripper, check for flaking rubber inside and out
- Foot ware -slider, check for cracks

#### Clothing

- Warm, loose-fitting clothes -pants, jacket - check for loose thread
- Gloves, Mitts, check for loose thread
- Hat, cap - optional

See you on the ice.